

Volunteers  
needed



## VOLUNTEER OPPORTUNITY: Family Fun Day Volunteer

**Based At:** Crewe and/or Macclesfield  
**Reporting To:** Group Facilitator  
**Hours:** 1 day per month (2 to 3 hrs )

### About My CWA...

We are My CWA (formerly known as Cheshire Without Abuse), a Cheshire-based charity helping people impacted by domestic abuse since 1977. Every year, we help thousands of adults and children across the county through a range of services - from crisis accommodation, a 24-hour helpline and recovery programmes, to practical support and behaviour change programmes. Our whole family approach to support is designed to help everyone impacted by domestic abuse - the survivor, their children and those who harm and want to change their behaviour.

We believe in building a community where adults and children live free from the fear of domestic abuse and, for over 45 years, our team of staff and volunteers has worked tirelessly towards this vision.

### Volunteering at My CWA...

Volunteers are incredibly important to us. We have lots of incredible volunteers - some who offer an hour here or there when they can, and others we see more regularly - and we truly appreciate all of them.

We strive to offer high quality volunteer opportunities that are interesting, challenging and enjoyable that will contribute to your personal development.

Volunteering with My CWA can build confidence, make a life-changing difference to people in need, widen your skillset and network; and it can be fun too!

### Inclusivity & Diversity

My CWA takes great pride in fostering an inclusive work environment that recognizes and values all individuals irrespective of their race, ethnicity, gender, sexual orientation, age, or disability status. We welcome candidates from underrepresented communities and diverse backgrounds, recognising that their unique experiences and viewpoints enrich our organisation and the impact of our work.

### The role: specific duties & responsibilities

The Family Fun Day sessions were designed by My CWA to support clients and their families in our crisis accommodation, to help support families to help rebuild relationships with their children in a fun filled family day managed by My CWA

As a Family Fun Day volunteer, you will be supporting the group facilitators to help plan, prepare and deliver the sessions. The Sessions are centred around a range of topics, from relationship building and understanding emotions to anger management and trauma and will also include a range of fun activities such as planting, arts and craft, writing, sensory play (but not limited to) and will always include lots of healthy snacks and sweet treats .

### About you

As a volunteer you will be committed to supporting and mentoring individuals who attend on a monthly basis to engage in the material of the session and identify any areas that they require additional support with. This would be an excellent opportunity for a reliable, friendly and well-organised person to gain experience of supporting vulnerable young people whilst making a real difference to their lives.

To apply or learn more, email [volunteering@mycwa.org.uk](mailto:volunteering@mycwa.org.uk)