

RELATIONSHIPS AT TIMES
CAN BE COMPLICATED, BUT
SHOULD NEVER HURT.

**IF YOU ARE
HURT BY
SOMEONE YOU
LOVE, WE'RE
HERE TO HELP.**

**YOU ARE
NOT ALONE.**



**Cheshire East 24 hour Domestic
Abuse Helpline. Call, text or email:**

telephone: 0300 123 5101

text: 07771 941 464

email: cedah@cheshireeast.gov.uk

