

TITLE	AUTHOR & PUBLISHER	Copies	AGE RANGE	HELPFUL TO
The Asperger's Children's Toolkit	Francis Musgrave Jessica Kingsley Publishers	1	For professionals or parents working with children who have ASD and sensory processing disorders	Professionals and parents with children who have AS – A series of principles – working together, building success, having fun, refresh and renewal. A collaborative approach to improving quality of life for all.
The Boy Who Built a Wall Around Himself	Ali Redford & Kara Simpson Jessica Kingsley Publishers	1	For professionals or parents to share with children aged 4 years to 9 years	This book provides a metaphor to explain how children who have painful or traumatic experiences build barriers around themselves. Helps exploring feelings, encouraging communication and building trust.
Challenging Behaviour and Autism: Making Sense, Making Progress	Philip Whitaker The National Autistic Society	1	For professionals or parents working with children who have ASD and sensory processing disorders	For parents, carers and staff working with children. Focus is on practical strategies for preventing and managing challenges. Aims – preventative, making sense of challenging behaviours, practical solutions, framework for problem solving.
101 Games and Activities for Children with ASD	Tara Delaney McGraw-Hill Companies	1	For professionals or parents working with children who have ASD and sensory processing disorders	Learning through play, movement and interaction to improve motor, language and social skills. Interactive games are easy to learn, provides fun and stimulation- both indoor and outdoor.
Direct Work with Vulnerable children	Audry Tait and Helemln Wosu Jessica Kingsley Publishers	1	For professionals working with vulnerable children	Practical book with lots of engaging ideas for anyone working with children to engage them in creative activities. Tackles exercises for tackling serious issues. Book helps with ideas for play and building trusting relationships by openly engaging with the child's world.
Emotionary	Palabras Aldas	1	For professionals or parents to share with children age 5 +	A dictionary of emotions. Helping children to recognise their emotions and feelings.
The Great Big Book of Feelings	Mary Hoffman & Ros Asquith Janette Otter-Barry Books	3	For use with children age 3 years to 11 years	This book explores lots of feelings with children. Children can match feelings as well as use the book to help understand how other people are feeling.
How to take the Grrr out of Anger	Elizabeth Verdict and Marjorie Lisovskis Free Spirit Publishing	1	For use with children ages 6 years to 15 years	Five steps for taming anger six steps to solving anger problems anger buttons warning signs calm techniques things to do when grown ups get angry.

The Huge Bag of Worries	Virginia Ironside & Frank Rogers Hodder Children's Books	3	For use with children age 3 years to 11 years	A children's story book to help when dealing with anxiety. In the story Jenny is followed by her worries – who can she get to help?
How are you Feeling Today?	Molly Potter & Sarah Jennings Bloomsbury Publishing	3	For use with children age 6 years +	This book helps with feelings that are too much for children to handle. It offers children tools to help adults and children deal with these feelings. Conversation starters and guides for parents and carers.
Inside My Heart	Jo Witek & Christine Roussey	2	For use with children age 4 years to 12 years	A celebration of feelings in all shapes and sizes to share with young people together. Conversation starters develops emotional intelligence in a fun way.
The Invisible String	Patrice Kardst De Vorss Publishers	3	For use with children age 4 years to 11 years	A simple story – helping children when missing someone important to them. The story helps children who are missing someone to always stay connected by a special string. Recommended for grief, separated parents, parents in prison.
My Social Story Book	Carol Grey & Abbie Leigh White Jessica Kingsley publishers	1	For professionals or parents working with children who have ASD and sensory processing disorders	A collection of social stories for children with ASD. The stories cover a range of situations to inform, reassure, reassure, instruct, console, support, praise and help children with ASD.
Not Now, Bernard	David McKee Anderson Press Publishers	3	For professionals or parents to share with children age 2 years to 8 years	A simple much-loved story to aid conversation about feelings and emotions including and key safety messages.
A Pea Called Mildred	Margot Sunderland & Nicky Armstrong Routledge Publishers	3	For use with children age 5 years – 11 years	A story to help children pursue their hopes and dreams: Mildred is a pea with dreams. But people are always telling her she's just another ordinary pea. With the help of a kind person, Mildred ends up doing exactly what she has always dreamed of doing.
Playing Laughing and Learning with Children on the ASD Spectrum	Julia Moor Jessica Kingsley publisher	1	For professionals or parents working with children who have ASD and sensory processing disorders	A practical resource for professionals, parents or carers. Themes include music, art, outdoors, puzzles, turn taking, sequencing.
Relax Kids – Aladdin's Magic Carpet	Marneta Viegass John Hunt Publishing	2	For professionals and parents to use with children (aged 4 years – teens) who are experiencing anxiety	For reading with children as a creative visualisation, gentle and fun short scripts. Colourful, counteracts tensions, offers children a time to explore their inner world, alleviating anxieties and promoting rest.
Successful Social Stories for Young Children	Dr Siobhan Timmins Jessica Kingsley Publishers	1	For professionals or parents working with children who have ASD and sensory processing disorders	Social stories to help with concepts and social understanding for children with ASD. Stories include helping with listening, learning, waiting, sharing, fears and more.

Talking About Domestic Abuse	Cathy Humphreys, Ravi K Thiara, Agnes Skamballis and Audrey Mullender Jessica Kingsley Publishers	3	For professionals or parents to use with children age 9 years to teens	A photocopiable activity workbook to use with children whose families have experienced domestic abuse – to help support them in recovery and moving on.
Talking to My Mum	Cathy Humphreys, Ravi K Thiara, Agnes Skamballis & Audrey Mullender Jessica Kingsley Publishers	3	For parents or professionals to use with children age 5 years to 8 years	A photocopiable activity workbook to use with children whose families have experienced domestic abuse – to help support them in recovery and moving on.
Train Your Angry Dragon	Steve Herman DG Books Publishing	2	The stories in this book are perfect for parents and professionals to open up conversations about what to do when children get angry – ages 4 years to 11 years	Relatable and interactive lessons. Boys and girls love this book because they can resonate with Diggory Doo the Dragon. They learn along with him as Diggory faced different scenarios and how he learned to control his angry feelings in the healthy ways.
A Volcano in my Tummy	Elaine White House & Warwick Pudney	2	For parents or professionals to use with children age 6 years to 15 years	This book helps children handle their anger so that they can live successfully, healthy and happily in non-violent ways. Resources included and easy to use. Builds self-esteem.
Monkey Beau's Rainbow	My CWA resource	10	For parents or professionals to read with children aged 6 – 11 years	A therapeutic story about Monkey Beau who lives in a family where there is domestic abuse. This book is therapeutically written to offer children an opportunity to talk about their own situations, to feel there is hope and to know that they're not alone. Can be used with a group of children in a range of settings.

Title	Age Range
The Incredibles	Universal
The Croods	Universal
Inside Out	Universal

RESOURCES TO TAKE AWAY

RESOURCE	AGE RANGE	HELPFUL TO
Calm Breathing	3 years+	Calm breathing is a technique that helps you to slow down your breathing when feeling stressed or anxious.
Time Out	8+	Time out is a way to help you stop being angry before you do or say anything horrible to someone else.
Self Help Guide: Keeping Safe	4 – 11 years	A self-help tool for children who sometimes feel unsafe in situation. Helps them think about things they can do to stay safe.
Self Help Guide: When Things go Wrong	4 – 11 years	A self-help tool to help when it feels like it's not your fault for getting into trouble when things go wrong.
Self Help Guide: Communication	4 – 11 years	A self-help tool to help you to think about how people normally behave towards you and how you normally behave towards them.
Helping Hand Template	4 – 11 years	A self-help tool – helps children to identify who the important adults are in their life, who they can talk to and who form the child's network.

RESOURCES FOR PROFESSIONALS TO LOAN

RESOURCE	AGE RANGE	HELPFUL TO	FOR
Monkey Bob Toolkit	3 – 8 years	The Do You Feel What I Feel? toolkit contains imaginative, interactive and child-centred resources that focus on encouraging young children to engage with their feelings. The toolkit is flexible and the resources included can be used in lots of different ways.	Trained professionals or parents in the home
Tandem	10 years+	The toolkit has been developed to support multi-agency professionals working with families where there are issues with child to parent violence (CPV) or adolescent to parent violence (APV). The toolkit contains sessions for working with parents and children and guidance for delivery. Worksheets are included and can be copied and/or printed as required.	Multi Agency professionals working with families where there are issues with CPV/APV
A Box Full of Feelings	4 – 11 years	Helps children to get in touch with what goes on inside themselves. Contains activities, four basic emotions, family figures, situational pictures and print out sheets.	Multi-agency professionals completing work around feelings and emotions